



FIBROMYALGIA

Paisley Support Group

Fibromyalgia Association UK is pledged to raise awareness among the general public and professionals, so that everyone with Fibromyalgia can get the help they need.

Common symptoms are:

- Muscle pain and stiffness
- Fatigue
- Specific 'tender points'
- Disturbed sleep
- Poor concentration
- Irritable Bowel Syndrome

Paisley Support Group Meeting

19th July 2010

(3rd Monday of every month)

1pm - 3pm

Parish Hall at St. Mirin's Cathedral, Cathedral House
Incle Street, Paisley PA1 1HR

0844 887 2369

www.paisleyfm.org

For more information including an information pack please contact us:
Fibromyalgia Association UK, PO Box 206, Stourbridge
West Midlands, DY9 8YL

Visit our website: www.fmauk.org